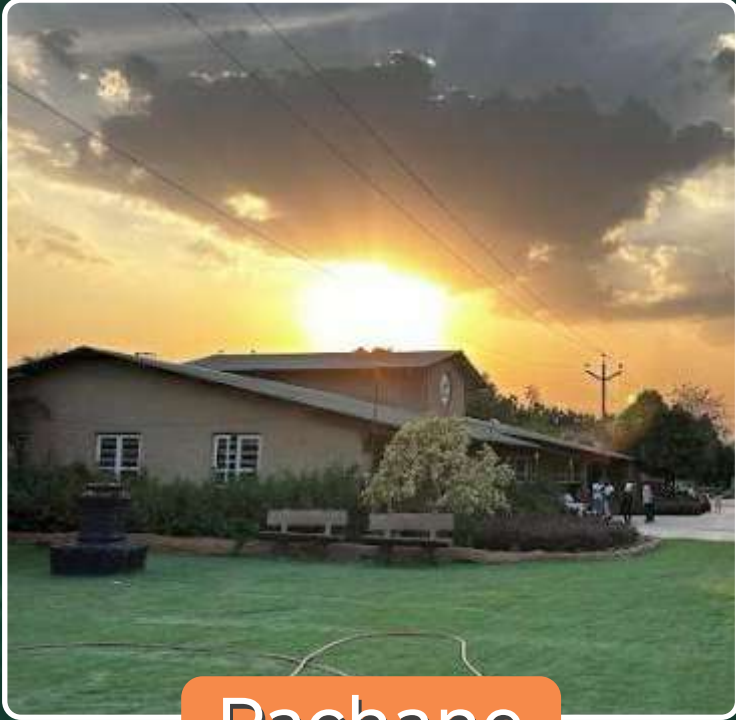




NITYANAND
REHAB CENTER



Pachane



Katraj

Two Locations, One Mission:

Your Complete Recovery!

We offer comprehensive and personalised care to help you recover and heal. We strive to provide a setting that feels like a home away from home. We operate two centres in Pune, India: one in the city centre and one on the city's outskirts.

Pachane Rehab Centre

Our Pachane Rehab Centre is nestled near the picturesque Kasarsai Dam in Pune. It's a haven of healing, surrounded by acres of lush greenery and vast mountain landscapes. Here, we are committed to helping individuals on their journey towards recovery and well-being.

Our centre is a 250-bed facility in an ideal environment for those seeking to heal from addiction or mental health disorders. It's a place where you can come to heal, surrounded by nature.



Katraj City Centre

Our city centre is a 100-bed facility located in a convenient and accessible area. It is an economical option for people who need rehabilitation services but are on a budget. Despite its bustling urban location, the centre is designed to ensure tranquillity, allowing patients to focus on their recovery.



Healing Through Engagement

Therapeutic Arts:

Dive into creative expression with art, music, and craft sessions that act as therapeutic outlets.

Fitness Centre:

Physical health complements mental well-being. Our state-of-the-art fitness centre caters to all fitness levels.

Reading Lounge:

Escape into the world of literature in our quiet reading lounge, stocked with a wide range of books and periodicals

Group Activities:

Participate in group games, movie nights, and other recreational activities designed to foster community and relaxation.



Nityanand: It's Not Just Rehab, It's Home

Find Your Creative Spark:

Explore art, music, and crafts in our therapeutic sessions.

Get Lost in a Good Book:

Curl up with a book in our tranquil reading lounge.

Move Your Body, Boost Your Mood:

Our fitness centre caters to all fitness levels.

Bond with Others:

Enjoy movie nights, group games, and other fun activities.

We've Got You Covered, 24/7

Starting the path to recovery can be challenging. At Nityanand Rehab Centre, we want to make every step as easy as possible for you.

Seamless Start to Recovery: We'll pick you up from home and ensure a smooth transition to our facility.

Family Support: We understand your concerns. Let us help make recovery easier for you and your loved ones.



Your Safety, Our Priority

At Nityanand Rehab Centre, safety is a top priority. We ensure everyone is protected and feels secure. Caring staff members maintain a well-organised environment and ensure care and assistance are readily available. Secured entry and exit points mean the facility remains a sanctuary for all residents.



Nourishment for the Soul and Body



Delicious, Healthy Meals:

Our expert chefs create nutritious meals to fuel your recovery.



Fresh, Local Ingredients:

We source the freshest ingredients to ensure taste and quality.



A Variety of Choices:

There's something for everyone on our diverse menu.

Balance is Key:

Rehabilitating Body and Mind

At Nityanand Rehab Centre, we understand that physical well-being plays a crucial role in the overall healing process.

✔ **Holistic Approach:**

Along with physical exercise, we also offer classes that focus on relaxation and mental well-being, such as yoga and meditation.

✔ **Modern Equipment:**

Our gym boasts a range of modern exercise machines and equipment suitable for all fitness levels, from beginners to advanced.

✔ **Clean & Hygienic:**

Keeping health in mind, our gym is regularly cleaned and sanitised to provide a safe workout environment.



The Team

Dr. Nitin Dalaya

MBBS, MD. Psychiatry, Director

Dr. Shriya Dalaya

MD. Psychiatry, Director

Dr. Vedansh Nehara

MD. Psychiatry, Director

Dr Neha Shetty

MBBS, MD. Psychiatry

Dr. Tejas Pingale

Consultant Physician



Outdoor Movie & Sports Screen

✔ Unwind and Connect:

Catch a movie or a game on our giant outdoor screen.

✔ Relaxation with a Touch of Fun:

We believe in making recovery enjoyable!

At Nityanand Rehab Centre, healing comes with a touch of entertainment!



📍 **Katraj**

78/2/2, Patang Plaza , Sri Ram Nagar, Katraj,
Pune – 411 046, Maharashtra, India

Landmark :

Behind Bharti VidyaPeeth campus, Opposite PICT
College, Near Sacchi Aai Mata Mandir

☎ 9552503210 | 9552503202

📍 **Pachane**

Hinjewadi, Post – Pachane Gaon, Mulshi Dist.
Pune. 410506 Maharashtra, India

Landmark :

Kasarsai Dam ,Opp. Vidura Navale Farm

☎ 8237494508 | 9307862309