



**PATIENT
CARE**

You're in good hands.

Leading with Compassion, Healing with Expertise.



Why Choose Curesta Health?

At Curesta Health, we combine expert medical professionals, state-of-the-art facilities, and a patient-centric approach to deliver exceptional healthcare.

Our team of experienced doctors and surgeons utilize the latest in medical technology and advanced surgical techniques to ensure the best outcomes for our patients.

Conveniently located in Ranchi and Nawada, we offer comprehensive and affordable care, emergency services, and a compassionate environment, making us a trusted choice for your healthcare needs



Expert Medical Team



Patient-Centric Approach



**State-of-the-Art
Facilities**



Comprehensive Care



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From Chairman's Desk

Dear All,

I was born in Bela, a rural village in Bihar's Nawada District, and pursued my higher education at Patna University before beginning my entrepreneurial journey in Delhi.

As the co-founder of a Social Research Company, I experienced the power of dedication and perseverance in driving meaningful change. However, my heart remained with my homeland and the underserved communities in Bihar and Jharkhand. This deep-rooted commitment led me to establish Curesta Health, a healthcare company dedicated to providing world-class medical services through our three hospitals:

- ✓ **Curesta Hospital – Dipatoli, Ranchi**
- ✓ **Curesta Hospital – Irba, Ranchi**
- ✓ **Fortis Dharamsheela Devi Hospital – Nawada, Bihar**



Avinash Kumar

Chairman
Curesta Health

At **Curesta Health**, our mission is clear—to bridge healthcare gaps and ensure equitable access to advanced medical care. We are committed to making quality healthcare accessible to all, ensuring that no patient is denied treatment due to financial constraints.

Together, we are building a healthier future for our communities.

From Managing Director's Desk

Dr. Sanjay Kumar is a highly esteemed neurosurgeon with over **30 years of expertise** in micro neurosurgery and minimally invasive spinal surgery.

Recognized for his precision and dedication, he has transformed countless lives with advanced neurological and spinal treatments. His academic journey began at Patna Medical College, where he earned his MBBS degree. He then pursued an MS in General Surgery from Pt. JNM Medical College, Raipur, followed by a prestigious MCh in Neurosurgery from Grant Medical College & Sir J. J. Hospital, Bombay.

Expertise & Specializations:

- ✓ Advanced Neurosurgery
- ✓ Minimally Invasive Spinal Surgery
- ✓ Stroke Management
- ✓ Brain Tumor Treatment
- ✓ Pediatric Neurosurgery
- ✓ Neurocritical Care



DR. SANJAY KUMAR

Managing Director, Curesta Health
Director & HOD (Neuro & Spine Surgery),
MBBS, MS, MCh (Neurosurgery),
DNB (Neurosurgery), Fellow FHU (Japan),
President - Association of Neuroscientist of East India

As the Director of Neuro Sciences at Curesta Health, Dr. Sanjay Kumar is committed to delivering world-class neurological care, ensuring that patients receive cutting-edge treatment with compassion and expertise.



From Director's Desk

Dear All,

Healthcare should never be a privilege—it must be a fundamental right for every individual. At Curesta Health, our vision is to make quality healthcare not just available but truly accessible to all, regardless of financial constraints or location.

Our mission goes beyond just treatment; we aim to build a healthcare ecosystem that is inclusive, compassionate, and focused on patient well-being.

Every step we take is driven by the belief that no one should have to struggle to receive the care they deserve.



Mr. Sawan Sivesh

Director
Curesta Health

With your support, we will continue to transform lives and
make healthcare truly accessible for all.

Together, we are building a healthier future for our communities.



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Mission & Vision

Mission

“ To offer healthcare that’s more than treatment—it’s trust, comfort, and compassion in every moment. We blend expertise and empathy to bring healing that lasts beyond the hospital walls. ”

Vision

“ To redefine care with innovation, expanding our reach while deepening our impact. Curesta envisions a world where health is not a privilege, but a promise—fulfilled with every touch. ”

World-class Patient Care

THE 7 PILLARS OF OUR PATIENT FIRST ETHOS



Trust

We are committed to providing the highest quality of care by upholding the principles of **shared decision-making, honesty, and confidentiality**. Our approach ensures that every patient receives the right care in the right way, with respect, integrity, and professionalism.



Integrity

We are dedicated to **clear, timely, and accurate communication** with our patients, ensuring they feel informed, supported, and valued. Our commitment to excellence is guided by the **highest standards of personal and professional ethics**, fostering trust and integrity in healthcare.



Empathy

We believe in nurturing **kindness, empathy, and respect** toward our patients, ensuring they feel valued and cared for at every step of their journey.



Perfection

We are dedicated to **work specialization** that enhances healthcare service delivery, ensuring it meets **global standards** of quality and excellence. Our focus on **continuous improvement** and innovation enables us to provide the best possible care to our patients.



Team Work

We work together as a dedicated team to **resolve challenges efficiently** and ensure the highest level of **patient satisfaction and well-being**. By fostering teamwork and commitment, we create a **healing environment** where patients receive the best possible care.



Comprehensive

Our team of expert clinicians from various specialties **work together under one roof** to provide **integrated care focused on both prevention and cure**. By uniting medical professionals across specialties, we ensure **comprehensive, patient-centered healthcare** for all.



Affordable

We are committed to making **the best medical care accessible** to everyone who needs it. Our goal is to ensure that no one is left behind when it comes to receiving the **highest standard of medical care**.



“Here, we treat and care for patients like our family,”



OUR SERVICES



Neuro & Spine Surgery



Anaesthesiology



General & Laparoscopic Surgery



Radiology



Orthopedics & Joint Replacement



Physiotherapy



Gastroenterology & Hepatology



Pathology



Gynaecology & Obstetrics



Emergency Medicine



General Medicine



Radiology & Clinical Imaging



Plastic & Reconstructive Surgery



Pediatrics Cardiology



Nephrology



Nutrition & Dietetics



Urology & Transplant surgery



Paediatrics

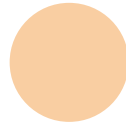


Physiotherapy Preventive



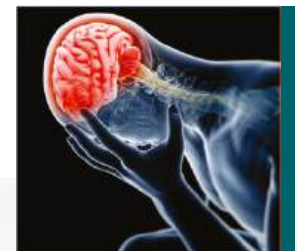
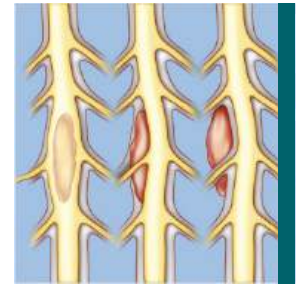
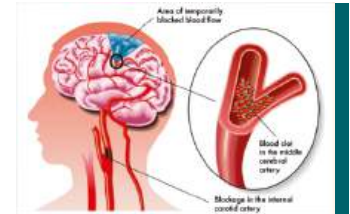
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Neuro and Spine Surgery



The Curesta Health Institute of Neurosciences is proud to offer complete care for all types of Brain and Spinal disorders under professionals who have been handpicked for this purpose. Specialists are highly trained and motivated to care for the emergency and routine cases like:

- ▶ Head and Spine Injury
- ▶ Infections of Brain and Spine
- ▶ Brain and Spinal Tumours
- ▶ Stereotactic Neurosurgery
- ▶ Microsurgery
- ▶ Endoscopic Neurosurgery
- ▶ Minimally Invasive Neurosurgery
- ▶ Hydrocephalus
- ▶ Childhood Neurological Diseases
- ▶ ICP Monitoring
- ▶ Spine Surgery, all types of fusions for Spine, Pain Surgery with Spinal Cord Stimulation
 - Microdiscectomy (Lumbar, Cervical)
 - All types of Spinal Surgery for fracture, malignancy
 - Microsurgery for Intradural & Intramedullary Tumours
 - Corrective Surgery in association with Spine Surgeons



- ▶ **Stroke Unit with 24x7 emergency facilities for Thrombolysis, Carotid Stenting, Stroke Surgery.**
- ▶ Rapid access 24x7 Helpline for management of stroke and Transient Ischaemic Attacks
- ▶ Stroke Review and Prevention Services
- ▶ Multi-disciplinary Stroke and Neurological Rehabilitation & Management of Spasticity
- ▶ Specialised Neurological Acute Care for diseases like Epilepsy & Migraine



Our Neuro Specialists



DR. SANJAY KUMAR

Director & HOD (Neuro & Spine Surgery),
 MBBS, M.S, M.Ch (Neurosurgery),
 DNB Neurosurgery, Fellow FNU Japan,
 President - Association of Neuroscientists of
 East India, Secretary - Jharkhand Neurosciences
 Society, Chairman - Jharkhand
 PHD Chamber of Commerce of India



DR. PATRICK PRABODH MINJ

Associate Director (Neuro & Spine Surgery),
 MBBS, M.S (General Surgery),
 M.Ch (Neurosurgery)



Laparoscopic and General Surgery

The field of General Surgery involves evaluation and surgery of the full range of complex general surgery problems including surgical conditions of the Breast, Endocrine System, Gastrointestinal Tract, Colon, Liver, Pancreas and Rectum.

Services include:

- ▶ Trauma Surgery
- ▶ Minimal Access Surgery
- ▶ Colorectal Surgery
- ▶ Gall Bladder Surgery
- ▶ Hernia Surgery
- ▶ Hydrocele Surgery
- ▶ Breast Surgery
- ▶ Surgical Oncology
- ▶ Vascular Surgery (Varicose Veins)
- ▶ Endocrine Surgery (Thyroid Surgery)
- ▶ Cardiothoracic Surgery
- ▶ Morbid Obesity Surgery
- ▶ MIPH for Piles (Haemorrhoids)



Our Expert Doctors



Dr. (Major) Ramesh Das

**General, Laparoscopic & Minimal Invasive,
Robotic & Bariatric Surgery**

MBBS, M.S. (General Surgery) FIAGES,
Diploma in Laparoscopic ILS (Germany),
Director & HOD General,
Laparoscopic & Minimal Invasive,
Robotic & Bariatric Surgery



Dr. Om Prakash

General & Minimal Invasive Surgery

MBBS, M.S. (General Surgery),
Consultant General & Minimal Invasive Surgery



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Minimal Access Metabolic Bariatric Surgery and Trauma Surgery

Minimal Access Surgery

- ▶ Laparoscopic Appendectomy
- ▶ Laparoscopic Cholecystectomy
- ▶ Laparoscopic Ventral / Incisional Hernia Repair
- ▶ Laparoscopic Inguinal Hernia Repair (TAPP, TEP)
- ▶ Laparoscopic Gynaecology (LAVH, TCH)
- ▶ Laparoscopic Ovarian Cystectomy
- ▶ Laparoscopic Myomectomy
- ▶ Laparoscopic Surgery for morbid obesity (sleeve gastrectomy and gastric bypass)
- ▶ Laparoscopic Nephrectomy

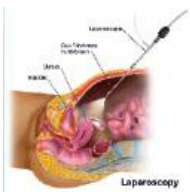
Trauma Surgery

- ▶ Comprehensive treatment for all kinds of trauma including thoracic, abdominal and extra axial injuries



Laparoscopic Surgery

- ▶ Lapcholecystectomy
- ▶ Appendicectomy
- ▶ Diagnostic Laparoscopy
- ▶ Staging Laparoscopy



Colorectal Surgery

- ▶ Colorectal Surgery for rectum cancer, colon cancer and anorectal surgeries such as piles excision, anorectal fistula, prolapse rectum, ulcerative colitis. Surgeries include:
 - Right Hemicolectomy
 - Left Hemicolectomy
 - Radical Colectomy
 - AP Resection
 - Colostomy
 - Colostomy Closures

Gall Bladder Surgery

- ▶ Open Cholecystectomy
- ▶ Lap Cholecystectomy
- ▶ Radical/ Extended Cholecystectomy for Gall Bladder Cancer
- ▶ CBD Explorations (Common Bile Duct)
- ▶ Surgery for Biliary Atresia
- ▶ Complex Surgery for Biliary Stricture
- ▶ Surgery for Choledochal Cyst



Breast Surgery

- ▶ Surgery for the benign conditions of the breast
- ▶ Treatment for Breast Cancer (MRM)

Hernia Surgery

MIPH

Bariatric surgery

Hydrocele Surgery

Circumcision

Surgical Oncology

- ▶ For cancer of the breast, stomach, kidney, colon, esophagus and GI Tract

Plastic Surgery

- ▶ Skin grafting
- ▶ Diabetic foot ulcer, venous ulcer management
- ▶ Head & neck reconstruction post tumour resection
- ▶ Gynaecomastia
- ▶ Breast reconstruction
- ▶ Lymphedema (extremity, penoscrotal)
- ▶ Body contouring post massive weight loss

Vascular Surgery

- ▶ AV fistula, AV graft, Complex fistula, Fistuloplasty.
- ▶ Permcath insertion(Jugular/Femoral).
- ▶ Chemoport Insertion.
- ▶ RFA For Varicose Vein.
- ▶ Peripheral Angioplasty, Limb (Peripheral) Bypass.
- ▶ Diabetic Foot care.
- ▶ IVC Filter Placement.

Endocrine Surgery

- ▶ Thyroid surgeries such as Total and Partial Thyroidectomy
- ▶ Excision of Thyroglossal Cyst



Orthopaedic Sciences

Curesta Health Orthopaedic team is experienced in superspecialty orthopaedics, besides routine trauma management. With the experience of thousands of joint-replacement and minimally-invasive procedures, the focus will be to provide an amalgamation of skill, dedication and world class services at an affordable cost to the society.

Paediatric Orthopaedics Surgery

Paediatric orthopaedics is the branch of medicine that deals with injuries and musculoskeletal conditions in children and teens. The most common issues that children experience are foot deformities, gait disturbances, and hip dysplasia, among others. Pediatric orthopedic surgeons diagnose, treat, and manage children's musculoskeletal problems including the following: Limb and spine deformities (such as club foot, scoliosis), Gait abnormalities (limping) Bone and joint infections.

Spine Surgery

Spine Surgery, all types of fusions for Spine, Pain Surgery with Spinal Cord Stimulation

- Microdiscectomy (Lumbar, Cervical)
- All types of Spinal Surgery for fracture, malignancy
- Microsurgery for Intradural & Intramedullary Tumours
- Corrective Surgery in association with Spine Surgeons

Core Competence

- ▶ ACL Reconstruction Surgery
- ▶ Knee Replacement Surgery
- ▶ Shoulder Replacement Surgery
- ▶ HIP Replacement Surgery
- ▶ Knee Arthroscopy
- ▶ Shoulder Arthroscopy
- ▶ Ankle Repair
- ▶ Spine Surgeries
- ▶ Joint Fusion
- ▶ Trigger Finger Release
- ▶ Hand & Wrist Surgeries
- ▶ Kyphoplasty
- ▶ Disc Replacement Surgery
- ▶ Spinal Infection Surgery
- ▶ Non-operative Surgery
- ▶ Orif (Open Reduction Internal Fixation)

Our Expert Doctor



Dr. Ashish Pal

Orthopedic Surgery

MBBS, PGIMS (Rohtak), D Ortho,
RIMS (Gold Medalist), MS Ortho,
RIMS (Gold Medalist),
Consultant Orthopedic Surgeon

Unique Features

- ▶ Striving to be the best Department of Sports Medicine and Joint Related Surgery in this part of the country
- ▶ Providing the best and most advanced set-up for Arthroscopy in eastern India
- ▶ Use of radio-frequency ablation system and pressure control system add the cutting edge to Sports Surgery and Arthroscopy at FORD HOSPITAL



● Operation Theatre



● Arthroscopic Machine

Joint Replacement Surgery

The Joint Replacement team provides state-of-the-art surgical care employing up-to-date techniques for the treatment.

Total Knee Replacement Surgery

A new dimension of partial Knee Replacement Surgery is unique to this hospital.

Total Knee Replacement or 'Arthroplasty' is relining of the joint (bone end surfaces) with artificial parts called Prostheses. This has a new design called High Flexion Knees permitting near complete range of movement.



● Joint Replacement

Total Hip Replacement or Hip Arthroplasty

The Surgery re-forms the hip joint, replacing the arthritic hip joint, thus eliminating the pain-causing damaged bearing surfaces. In the 1960s, the metal ball and plastic socket for replacement of the hip joint was introduced. There are two major types of Total Hip Replacements - a cemented Prosthesis and an un-cemented Prosthesis. Both are widely used. The artificial components used today are stronger, made of chrome, cobalt, titanium or ceramic materials, and come in various shapes and designs.

Total Elbow and Total Shoulder Replacement Surgery

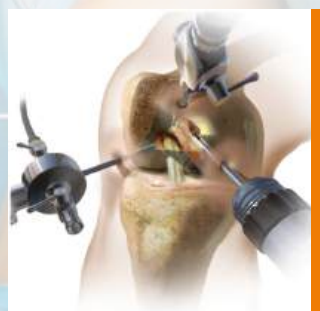
This surgery is needed in arthritic elbows, shoulders and unsalvageable trauma situations of these joints. The surgery can provide useful function in these difficult situations.

Physiotherapy Department

Physical therapy plays a very crucial role in the rehabilitation of patients with orthopaedic conditions. Our skilled physiotherapists create customized care plans to reduce pain and improve flexibility and strength as safely and quickly as possible.

Sports Surgery

This refers to application of medical and scientific knowledge to manage, and rehabilitate injuries related to sport, exercise, or recreational activity. Common sports injuries include Concussion, Muscle Cramps, ACL Sprains, Ankle Sprain and Shin Splints. Arthroscopy is used to visualize, diagnose, and treat problems inside a joint, safely and accurately. Knee and shoulder Arthroscopy is extremely popular for treating problems such as Meniscal (cartilage) tears, Chondromalacia (wearing or injury of cartilage cushion), ACL tears in the knee and Rotator Cuff Tendon tears, recurrent dislocations etc of the shoulder. The Anterior Cruciate Ligament (ACL) is one of the most commonly injured ligaments of the knee and Arthroscopic ACL reconstruction with the latest grafts and implants results in highest long term success rates.



● Knee Arthroscopy



Obsterics & Gynaecology

Obstetrics and Gynecology are the two surgical specialties dealing with the female reproductive organs.

Curesta Health offers comprehensive diagnosis and management of the entire scope of clinical pathology involving female reproductive organs and provides advanced care for both pregnant and non-pregnant patients.

Curesta Health offers treatment for diagnosis and management of all gynecological problems, including advanced care for normal and high-risk pregnancies. The hospital has five special clinics for Obstetric, Gynecology, Family Planning, Infertility and Cancer screening.



Our Expert Doctor



Dr. Soni Kumari

Gynecology

MBBS, DNB (OBG),
MRCOG1

Common Gynaecological Problems

- ▶ Heavy, painful periods
- ▶ Irregular periods
- ▶ Offensive vaginal discharge
- ▶ Postmenopausal bleeding
- ▶ Lower abdominal pain
- ▶ Inability to conceive
- ▶ PMS (Pre-menstrual Syndrome)
- ▶ Miscarriage
- ▶ Menopause
- ▶ Urinary Incontinence (Inability to hold urine specially when coughing, sneezing or exercising)
- ▶ Feeling of something coming down vaginally

Causes

- ▶ Fibroids
- ▶ Endometriosis
- ▶ Pelvic inflammatory disease
- ▶ Sexually transmitted diseases
- ▶ Gynecological Cancers



Diagnostic OPD / Day Care Procedures Including Cancer Screening

- ▶ Ultrasound scan
- ▶ Endometrial sampling
- ▶ Cervical smear
- ▶ Uodynamics
- ▶ Cervical biopsy
- ▶ UTCI
- ▶ Hysteroscopy

Therapeutic OPD/Day Procedures

- ▶ IUCD Insertion
- ▶ IUI

Operative Interventions

Day Case Procedures-

- ▶ Laparoscopy
- ▶ Hysteroscopy
- ▶ Family planning procedures (laparoscopic sterilization)
- ▶ Management of early pregnancy complications (D&E/ToP/Laparoscopic treatment of ectopic pregnancy)
- ▶ Medical Top
- ▶ Infertility Treatment :
- ▶ Fertility Promoting Pelvic Surgery (FPPS)
 - ▶ Adhesiolysis
 - ▶ Fibriolysis

- ▶ Total Laparoscopic Hysterectomy (TLH)
- ▶ Laparoscopic Oophorectomy
- ▶ Laparoscopic Ovarian Cystectomy
- ▶ Surgeries for Urinary Incontinence - eg TVT, TOT
- ▶ Operations for Genital Prolapse
- ▶ Hysteroscopic Surgery
 - ▶ Polypectomy
 - ▶ Septum Resection
 - ▶ FB Removal

Obstetric Unit

Services include-

- ▶ High risk pregnancy clinics
- ▶ joint obstetric clinics with other specialties
- ▶ Inpatient (antenatal & postnatal) facilities
- ▶ Painless Labour Dqelivery
- ▶ Modern labour ward suite with facilities for continuous foetal monitoring for high risk pregnancies in labour
- ▶ Neutral Tube Defect Scan
- ▶ Foetal anatomy USG (Brith Defect)
- ▶ Foetal Echocardiography
- ▶ Level 2,3,4 USG
- ▶ Chorionic Villus Sampling (CVS)
- ▶ Amniocentesis

Physiotherapy in Obs & Gynae

- ▶ Antenatal physiotherapy
- ▶ Postnatal physiotherapy
- ▶ Perimenopausal physiotherapy

Special Services

- General Gynaecological Services
- Pre-conception Counseling
- Well Woman Services (Cancer Screening)
- Urinary Incontinence Treatment
- Menopause Counseling
- PMS (Pre-menstrual Syndrome) Services
- Recurrent Miscarriage Services
- High Risk Pregnancy Services
- Foetal Medicine Clinic



Gastroenterology & Hepatology

The Gastroenterology & Hepatology department at Curesta Health is dedicated to providing comprehensive care for patients with digestive and liver disorders. With a team of highly skilled specialists, experienced nurses, and dedicated support staff, we focus on delivering advanced diagnosis, effective treatments, and personalized care to enhance our patients' well-being. Our department offers a wide range of services, including diagnostic procedures, medical management, and advanced treatment options for various gastrointestinal and liver conditions. We utilize state-of-the-art technology and the latest medical advancements to ensure accurate diagnoses and customized treatment plans, catering to each patient's unique needs.

At Curesta Health, we are committed to excellence in gastroenterology and hepatology, ensuring that our patients receive the highest standard of medical care.

✓ Diagnostic Procedures

Upper GI Endoscopy (EGD) –

For examining the esophagus, stomach, and small intestine.

Colonoscopy – For detecting and preventing colorectal diseases.

Endoscopic Retrograde Cholangiopancreatography (ERCP) –

For diagnosing bile duct and pancreatic disorders.

Fibroscan & Liver Biopsy –

For assessing liver health and diagnosing liver diseases.

Capsule Endoscopy – A painless method to examine the small intestine.

Our Expert Doctor



Dr. Chandan Kumar

Gastroenterology

MBBS (RIMS, Ranchi, Gold Medalist),
MD Medicine (Safdarjung Hospital, New Delhi, Gold Medalist),
DM Gastro (AIIMS),
Ex Assistant Professor, SIMS DELHI



Out-Patient Services

Digestive Disorders:

- ▶ Acid Peptic Disease
- ▶ Acute & Chronic Diarrhoeas
- ▶ Malabsorption
- ▶ Irritable Bowel Syndrome (IBS)
- ▶ Inflammatory Bowel Disease
- ▶ AmoebiasisConstipation

Digestive Disorders:

- ▶ Cirrhosis
- ▶ Chronic Hepatitis B & C
- ▶ Alcoholic & Non Alcoholic Fatty Liver Disease
- ▶ Gall Stone Disease
- ▶ Acute & Chronic Pancreatitis

In-Patient Services

Medical Related:

- ▶ Acute liver failure
- ▶ Variceal bleeding
- ▶ Bleeding peptic ulcer
- ▶ Acute pancreatitis
- ▶ Ulcerative colitis
- ▶ Liver abscess



Endoscopic Services

Diagnostic:

- ▶ Gastritis
- ▶ Gastro-esophageal Reflux Disease
- ▶ Amoebiasis
- ▶ Hiatus Hernia
- ▶ Gastro-intestinal Tumors
- ▶ Ulcerative Colitis
- ▶ Peptic Ulcer
- ▶ Gastro-esophageal Varices
- ▶ Polyps
- ▶ Crohns Disease

Therapeutic:

- ▶ ERCP, CBD, Stone Clearance.
- ▶ Arrest of Bleeding by Sclerotherapy/ BandLigation/Glue Therapy/Hemoclips
- ▶ Stent Placement in esophageal Carcinoma
- ▶ Pancreatic Cancer, Gall Bladder Cancer, Naso-jejunal & PEG Tube Placement
- ▶ Polypectomy, Bile Duct Cancer.
- ▶ Esophageal Stricture Dilatation



Internal Medicine

At Curesta Health, we understand that maintaining good health requires expert care and attention.

Our General Physician Department is dedicated to providing exceptional, comprehensive care for patients of all ages.

involves diagnosis, prevention and treatment of adult diseases and covers a wide range of conditions affecting the internal organs of the body.

Led by a team of experienced general physicians and specialists, we combine advanced medical expertise with a patient-centered approach to ensure the best possible outcomes for our patients

Why Choose Curesta's General Physician Department?

- ▶ **Experienced General Physicians:** Our team comprises highly skilled, board-certified physicians with extensive experience in managing a wide range of health conditions.
- ▶ **Advanced Facilities:** We have equipped our General Physician Department with state-of-the-art diagnostic and treatment technologies, ensuring the highest standard of care.
- ▶ **Comprehensive Health Services:** From routine check-ups to the management of chronic diseases, we offer a complete range of services to address various medical needs.
- ▶ **Patient-Focused Care:** We believe in an individualized approach to care, tailoring treatment plans to each patient's unique needs and circumstances.

Our Expert Doctor



Dr. Ritu Rashi

Internal Medicine

MBBS, M.D.,
(General Medicine, PMCH Patna)



Treatment of diseases:

- ▶ Cardio Vascular System (CVS)
- ▶ Respiratory System
- ▶ Gastrointestinal (GI) System
- ▶ Nervous System
- ▶ Haematology
- ▶ Endocrine System
- ▶ Rheumatological Disorder

Treatment for infections:

- ▶ Viral Infections
- ▶ Bacterial Infections
- ▶ Malarial Infections
- ▶ Parasitological Infections
- ▶ Fungal Infection

Nervous System :

- ▶ Cerebro Vascular Accident (CVA including brain stroke and hemorrhage)
- ▶ Seizure Disorder
- ▶ Meningitis
- ▶ Movement Disorder

Haematology :

- ▶ Treatment of Anaemia

Genito-Urinary System :

- ▶ Urinary Tract Infection (UTI)
- ▶ Prostate Enlargement (BPH)
- ▶ Genito-Urinary Tuberculosis

Internal Medicine provides medicinal treatment for **diseases related to:** ▼

Cardio Vascular System :

- ▶ Chest Pain
- ▶ Coronary Artery Disease
- ▶ Heart Failure
- ▶ Peripheral Arterial Disease
- ▶ Arrhythmia
- ▶ Hypertension
- ▶ Preventive Cardiology

Respiratory System :

- ▶ Pneumonia
- ▶ Bronchial Asthma
- ▶ COPD
- ▶ Interstitial Lung Disease (ILD)
- ▶ Sleep Apnoea
- ▶ Chest Tuberculosis

Endocrine System :

- ▶ Diabetes
- ▶ Obesity
- ▶ Lipid Disorder
- ▶ Osteoporosis
- ▶ Metabolic Disorder
- ▶ Thyroid related Diseases
- ▶ Adrenal dysfunction



Critical Care

Critical care is a specialized field focused on managing life-threatening conditions and addressing the body's response to severe illnesses or injuries. Our top priority is to save as many lives as possible while maintaining realistic expectations and delivering the highest standard of care.

To achieve this, we adopt a multidisciplinary approach, ensuring that patients receive comprehensive treatment from experts across various medical specialties. By collaborating closely, our dedicated team of critical care specialists, physicians, and healthcare professionals work together to provide the best possible outcomes for our patients.

Specialised ICUs

- Medical Intensive Care Unit
- Stroke & Brain Trauma Unit
- Respiratory Care Unit
- Cardiac Critical Care Unit
- Surgical Intensive Care Unit

Our Expert Doctors



Dr. Manjula Sinha

Critical Care & Neuro Anaesthesia

MBBS, DTM&H,
DNB (Anaesthesiology),
CTCCM



Dr. Sana Anjum Haque

Critical Care Medicine

MBBS, Fellowship Critical Care Medicine,
FCCCM, CTCCM



Expert Life-Saving Care – Managing severe and life-threatening conditions with a multidisciplinary approach.

Advanced ICUs – Equipped with cutting-edge technology and round-the-clock monitoring.

Specialist Team – Intensivists, nurses, and experts from multiple fields ensuring comprehensive treatment.

Patient-Centered Approach – Personalized care with transparent communication and family support.

Commitment to Excellence – Combining expertise, innovation, and compassion to deliver the highest standard of critical care.

Services

At CURESTA HEALTH, our priority is to save as many lives as possible within realistic expectations

- 125 Critical Care Beds
- Customised Nursing Care
- Isolation Cubicles
- Positive/Negative Pressure Air Flows
- Continuous Advanced Haemodynamic Monitoring
- Bedside Bronchoscopy
- Bedside Renal Replacement Therapy
- Bedside Ultrasound
- ECMO
- Robust Infection Control System
- Focused Rehabilitation and Early Mobilisation



Urology

At Curesta Health, we understand that urological health plays a vital role in overall wellness. Our Urology Department is dedicated to the diagnosis, treatment, and prevention of conditions affecting the urinary tract and male reproductive system.

We specialize in managing a wide range of urological disorders, from kidney stones and urinary tract infections to more complex issues such as prostate enlargement, infertility, and urological cancers.

Equipped with state-of-the-art technology, including minimally invasive and laser-based procedures, we ensure treatments that are precise and promote faster recovery. At Curesta, we follow a patient-centered approach, tailoring care plans to meet each individual's unique needs and focusing not only on treatment but also on prevention and long-term health.

Why Choose Curesta's Urology Department?

Our Expert Doctor

- ▶ **Expert Urologist:**
Our department is headed by Dr. Pankaj Kumar, an accomplished urologist with extensive experience in treating complex urological conditions.
- ▶ **Advanced Facilities:**
We use state-of-the-art diagnostic tools, minimally invasive techniques, and advanced surgical equipment to ensure precision and faster recovery.
- ▶ **Comprehensive Urological Services:**
From kidney stone management to male infertility treatments, we cover the full spectrum of urological health.
- ▶ **Patient-Centered Approach:**
We emphasize personalized treatment, ensuring that each patient receives care tailored to their specific needs.



Dr. Pankaj Kumar

Urology

MBBS, MS (General Surgery),
MCH (Urology)



Kidney & Urinary Tract Disorders:

- ▶ Kidney Stones
- ▶ Ureteric Stones
- ▶ Bladder Stones
- ▶ Urinary Tract Infections (UTI)
- ▶ Hydronephrosis
- ▶ Pyelonephritis

Male Reproductive System:

- ▶ Male Infertility
- ▶ Erectile Dysfunction
- ▶ Varicocele
- ▶ Hydrocele
- ▶ Testicular Disorders

Prostate & Bladder Conditions:

- ▶ Benign Prostatic Hyperplasia (BPH – Prostate Enlargement)
- ▶ Prostate Cancer (screening & management)
- ▶ Bladder Cancer
- ▶ Overactive Bladder
- ▶ Urinary Incontinence
- ▶ Neurogenic Bladder Disorders

Uro-Oncology:

- ▶ Kidney Cancer
- ▶ Prostate Cancer
- ▶ Bladder Cancer
- ▶ Testicular Cancer

Advanced Treatments & Surgeries:

- ▶ Laparoscopic & Minimally Invasive Urology Surgery
- ▶ Endourology (URS, PCNL, TURP, TURBT, etc.)
- ▶ Laser Surgery for Kidney & Prostate Stones
- ▶ Reconstructive Urology (Urethroplasty, Bladder Reconstruction)
- ▶ Kidney Transplant Surgery

Paediatric Urology:

- ▶ Congenital Urological Anomalies (PUJ obstruction, Posterior Urethral Valve, Hypospadias)
- ▶ Paediatric Kidney & Bladder Conditions



Nephrology

Nephrology is a specialized branch of medicine focused on kidney health, diagnosing, and managing kidney diseases, hypertension, and electrolyte imbalances.

Our goal is to provide comprehensive renal care with the highest standards of medical expertise and advanced technology. To ensure the best outcomes, we take a multidisciplinary approach, integrating nephrologists, dialysis specialists, dietitians, and critical care experts for holistic kidney care.

Our hospital is equipped with state-of-the-art dialysis units, advanced renal monitoring, and kidney transplant support to deliver personalized treatment for every patient.

Specialized Nephrology Units

- Dialysis Unit – Hemodialysis & Peritoneal Dialysis
- Acute Kidney Injury (AKI) Management Unit
- Chronic Kidney Disease (CKD) Care Center
- Hypertension & Electrolyte Disorder Clinic
- Kidney Transplant Support Program

Our Expert Doctor



Dr. Satwik Saurav

Nephrology and Dialysis Specialist




















MBBS, DNB, MNAMS (Pune),
Fellowship in Nephrology and Dialysis,
Max Hospital, Saket, New Delhi,
Ex SR - Department of Nephrology and Dialysis Centre -
Balaji Action Hospital (New Delhi),
Ex RML Hospital (New Delhi),
Consultant Nephrology and Dialysis Specialist

Nephrology Services

- ▶ **Advanced Dialysis Care –**
Hemodialysis & Peritoneal Dialysis
- ▶ **Continuous Renal Replacement Therapy (CRRT)**
- ▶ **Management of Hypertension & Kidney Diseases**
- ▶ **Bedside Renal Ultrasound & Biopsy**
- ▶ **Kidney Transplant Support & Pre/Post -Transplant Care**
- ▶ **Electrolyte & Fluid Imbalance Treatment**
- ▶ **Diabetic Kidney Disease Management**
- ▶ **Comprehensive Nephrology Consultation**



LIST OF TPA's EMPANELLED IN CURESTA HEALTH

Star Health	
Medi Assist TPA	
Ericson TPA	
MD India TPA	
ICICI Lombard	
Niva Bupa Health Insurance	
SBI General Insurance	
Cholamandalam Health Insurance	
FHPL TPA	
Heritage Health TPA	
HDFC Ergo	
Medsave TPA	
Park Assist TPA	
Bajaj Allianz Health Insurance	
Go Digit Health Insurance	
HI TPA	
Future Generali Health Insurance	
Care Health Insurance	
IFFCO Tokio Health Insurance	

Best Critical Care Team of Jharkhand & Bihar



Dr. Sanjay Kumar

Director & HOD (Neuro & Spine Surgery),

MBBS, M.S, M.Ch (Neurosurgery),
DNB Neurosurgery, Fellow FHU Japan,
President - Association of
Neuroscientists of East India,
Secretary - Jharkhand Neurosciences
Society, Chairman - Jharkhand
PHD Chamber of Commerce of India



**DR. PATRICK
PRABODH MINJ**

Associate Director (Neuro & Spine Surgery),

MBBS, M.S (General Surgery),
M.Ch (Neurosurgery)



**Dr. (Major) Ramesh
Das**

General, Laparoscopic & Minimal Invasive, Robotic & Bariatric Surgery

MBBS, M.S. (General Surgery) FIAGES,
Diploma in Laparoscopic ILS (Germany),
Director & HOD General,
Laparoscopic & Minimal Invasive,
Robotic & Bariatric Surgery



Dr. Om Prakash

General & Minimal Invasive Surgery

MBBS, M.S. (General Surgery),
Consultant General & Minimal
Invasive Surgery



Dr. Ashish Pal

Orthopedic Surgery

MBBS, PGIMS (Rohtak), D Ortho,
RIMS (Gold Medalist), MS Ortho,
RIMS (Gold Medalist),
Consultant Orthopedic Surgeon



Dr. Ritu Rashi

Internal Medicine

MBBS, M.D.,
(General Medicine, PMCH Patna)





Dr. Manjula Sinha

**Critical Care & Neuro
Anaesthesia**

MBBS, DTM&H,
DNB (Anaesthesiology),
CTCCM



**Dr. Sana Anjum
Haque**

Critical Care Medicine

MBBS, Fellowship Critical Care Medicine,
FCCCM, CTCCM



Dr. Pankaj Kumar

Urology

MBBS, MS (General Surgery),
MCH (Urology)



Pradeep K G

Nursing Supritendent



Jins Verghese

ANS



Stephen Jolly

ANS



Sujith S

Quality & Education



Events & Awards



Curesta ACMS Hospital,

Irba, Ranchi



Key Features:

- ▶ Advanced ICU & Emergency Care
- ▶ Modular Operation Theatres
- ▶ Multi-specialty OPD Services
- ▶ 24x7 Pharmacy & Diagnostics



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Curesta ACMS Hospital,
Irba, Ranchi



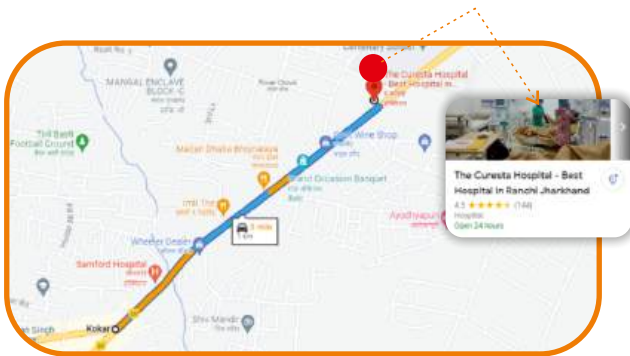
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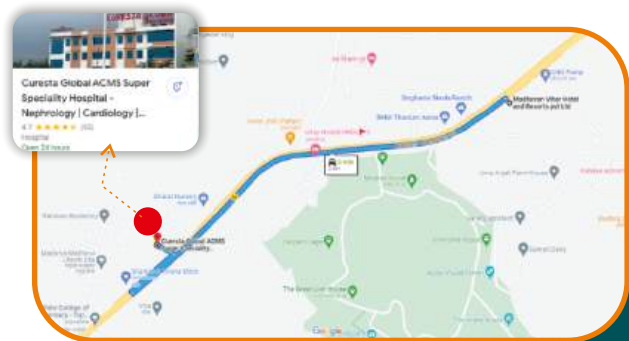
Our Strengths

With a team of highly qualified doctors and medical professionals, we are committed to delivering quality care through teamwork and expertise.

We earn the trust of the community by adapting to local needs, ensuring financial transparency, and prioritizing quality through continuous education and training.



Curesta Hospital, Dipatoli, Ranchi



Curesta ACMS Hospital, Irba, Ranchi

CONTACT US



www.curesta.health



Curesta Hospital, Dipatoli, Ranchi
Book Appointment: +91-7545950000



Toll-Free: 1800-103-4045

Curesta ACMS Hospital, Irba, Ranchi
Book Appointment: +91-9955009111